

Create Your Medical ID Card

Your medical ID card is one of the most important tools in your toolkit.

As a take-charge patient, you must create a medical ID card.

You can download this free medical ID card
and simply write or type on it and slip it into your wallet.

Your Medical ID Card Should Contain the Following Information:

- Your full name.
- Your primary care physician's name and contact information or the name of any other medical professional who manages your care. This is the person you see the most for your primary care.
- Your current medical conditions, medications and their dosages, over-the-counter medications, including herbs and supplements, and allergies to medications.
- Emergency contact names and phone numbers. List the person you want to be called if you have a medical emergency.

MEDICAL ID CARD

Patient Name: _____

Home Address: _____

PCP: _____

Other Specialists Currently Seeing:

Current Medications: _____

Allergies to Medications: _____

Current Medical Conditions: _____

Current Diagnoses: _____

Emergency Contacts: _____

Spouse or Partner: _____

Friend or Family Member:

Caregiver if Applicable:

Preferred Hospital: _____

Health Insurance: _____
